

KÜBRA SAĞIR

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EDUCATION

January 2019- Present	Physiotherapy and Rehabilitation, Institute of Graduate Studies, Istanbul University-Cerrahpaşa, Istanbul, Turkey (Doctor of Philosophy),
September 2016- December 2018	Physiotherapy and Rehabilitation, Institute of Graduate Studies, Istanbul University-Cerrahpaşa , Istanbul, Turkey (Master of Science)
September 2011- June 2015	Physiotherapy and Rehabilitation, School of Health Science, Dumlupınar University, Kutahya, Turkey (Bachelor Degree)

WORK EXPERIENCE

April 2019 - Present	Research Assistant, Istinye University, Istanbul
April 2017 - September 2018	Research Assistant, Istanbul Gelisim University, Istanbul

PRESENTATIONS

- Sagir K, Kaya Mutlu E, Yasa C, Gungor Ugurlucan F. What Is The Physical Activity Level Of Chronic Pelvic Pain Patients? 5th International Conference of Physical Education and Sport Science, 4-6 December 2018, Nevşehir, Turkey (Oral presentation)
- Sagir K, Kaya Mutlu E, Yasa C, Gungor Ugurlucan F. Investigation Of Localization And Pain Threshold Of Myofascial Trigger Point In Chronic Pelvic Pain: A Pilot Study. 1st.International Health Sciences and Life Congress (IHSLC 2018), 02-05 May 2018, Burdur, Turkey. (Poster presentation)
- Sagir K, Kaya Mutlu E, Yasa C, Gungor Ugurlucan F. The Effect Of Ischemic Compression In Chronic Pelvic Pain: A Pilot Study. 1st.International Health Sciences and Life Congress (IHSLC 2018), 02-05 May 2018, Burdur, Turkey. (Oral presentation)

CERTIFICATES

- Incontinence Course for Physiotherapists, Lisa Hastie (specialist pelvic health physiotherapist from United Kindom), 26-27 May 2018, Yeditepe University, Istanbul.
- APPI Matwork Level 1 Pilates Course, 9-10 Aralık 2017, Özlem Üstünkaya, Istanbul.