# ZULFIYYA NURALIYEVA

#### **ASSISTANT PROFESSOR**

E-Mail Address	:	zulfiyya.nuraliyeva@istinye.edu.tr, zulfiyyanuraliyevaa@gmail.com
Phone (Work)	:	08502836000
Phone (Mobile)	:	
Address	:	Istinye University Topkapı Campus, Maltepe Mah., Teyyareci Sami St., No.3 Zeytinburnu, Istanbul, 34010

### Education

Doctoral Degree 2019 11/August/2023	ISTANBUL UNIVERSITY-CERRAHPASA/INSTITUTE OF GRADUATE PROGRAMS// DEPARTMENT ( MIDWIFERY
C .	Thesis name: <i>The effect of Feng shui delivery room design on maternal and infant health</i> (2023)Thesis Advisor:(PROF. DR GÜLÜMSER DOLGUN; DOÇ. DR. TÜLAY YILMAZ)
Master (Thesis) Degree	ISTANBUL UNIVERSITY/ Health Sciences Institute // DEPARTMENT OF MIDWIFERY
2018 5/August/2019	Thesis name: Development of the scale of childbirth fear in women who are at fertility period (2019) Thesis Advisor:(PROF. DR. NURTEN KAYA)
Bachelor's Degree 2011 17/May/2016	ISTANBUL UNIVERSITY/FACULTY OF HEALTH SCIENCES///DEPARTMENT OF MIDWIFERY
Associate Degree 2019 24/July/2022	ISTANBUL UNIVERSITY/FACULTY OF OPEN AND DISTANCE EDUCATION// LABORATORY AND VETERINARY HEALTH

## **Academic Title**

ASSISTANT PROFESSOR ISTINYE UNIVERSITY/ FACULTY OF HEALTH SCIENCES / DEPARTMENT OF MIDWIFERY 01.04.2024

LECTURER HALIC UNIVERSITY/ FACULTY OF HEALTH SCIENCES / DEPARTMENT OF MIDWIFERY 06.03.2023

#### **Positions in Projects:**

- Examining the Effect of Podcast Training Given to Fathers on Newborn Care on Self-Confidence: Single Blind Randomized Controlled Experimental Study, TUBITAK Project, Supervisor: ZULFIYYA NURALIYEVA, Manager: Dijle İlten, Researcher: Yasemin Ravza Çekiç, Researcher: Rabia Habanoğlu, Researcher: Sema Nur Aydınalp, 27/03/2024 (In Progress) (NATIONAL)
- 2. NURALİYEVA, Z., KARAAHMET YILDIZ, A. (2024). Birth Swing Structure. Utility Model project. 2023-GE-703398

## **Memberships to Scientific Organizations**

- 1. National Midwives Association, Member, 2016-continue.
- 2. Istanbul University Faculty of Health Sciences Midwifery Department Alumni and Members Association, Board Member, 2016-2018

#### 2023-2024

#### **Bachelor's Degree Programme**

		Turkish	14
	asic Practices and Care in Midwifery I	F 1' 1	2
	Sexual Health	English	3
		Turkish	4
	Ethics and Deontology in Midwifery	Turkish	2
	Project Planning I	I di Kibii	2
2022	2-2023		
Ba	chelor's Degree Programme		
	Family planning	Turkish	3
	Preparation to Parenting	Turkish	3
	Care in Gynecological Diseases	Turkish	15
	Sexual and Reproductive Health	Turkish	4
	Interpersonal communication	Turkish	3

## Works

### Articles published in international refereed journals:

- 1. YILDIZ METİN, .....NURALIYEVA ZULFIYYA (2023). Attitudes of different religions towards breast milk bank: Analysis of 17 countries with data mining. Elsevier BV, 101, Doi: 10.1016/j.wsif.2023.102840 (Publication No: 8629396)
- 2. NURALIYEVA ZULFIYYA, SOLMAZ EBRU, KARAMIK HACI Elif (2022). Determination of Complementary and Alternative Methods Referred by Women Exposed to Covid-19. Journal of Integrative and Anatolian Medicine, 4, Doi: 10.53445/batd.1139794 (Publication No: 8405832)
- **3.** NURALIYEVA ZULFIYYA, KAYA NURTEN (2022). Development of the Childbirth Fear Scale. Archives of health science and research (Online), 9(3), Doi: 10.5152/ArcHealthSciRes.2022.21143 (Publication No: 8401497)

# **B.** Papers presented at international scientific meetings and published in proceedings:

- 1. KAYA NURTEN, NURALIYEVA ZULFIYYA (2014). Validity and Reliability of the Midwives' Professional Values Scale. 1st International 5th National Midwifery Student Congress. Abstract/Oral Presentation) (Publication No: 8405896)
- 2. NURALIYEVA ZULFIYYA (2015). Midwifery Education and Midwifery Profession in Caucasian Countries. 5th Ankara Midwifery Days International Participation Symposium. (Abstract/Poster) (Publication No: 8405974)
- 3. NURALIYEVA ZULFIYYA (2015). Anxiety of Abused Mothers towards Their Children. 12th International Anatolian Forensic Sciences Congress. (Abstract/Oral Presentation) (Publication No: 8405979)
- 4. NURALIYEVA ZULFIYYA, Aydın Dilara, Hebip Büşra, DİNÇ KAYA HÜSNİYE, YILMAZ TÜLAY (2018). Young Women's Coping Methods with Dysmenorrhea. 5th International 9th National Midwifery Students Congress. (Abstract/Poster) (Publication No: 8405993)
- 5. NURALIYEVA ZULFIYYA (2023). Feng Shui Mother and Baby: Concept Analysis. International Conference on Community Health Nursing and Public Health- (ICCHNPH-23) (Abstract/Oral Presentation) (Publication No: 8959904)
- NURALIYEVA ZULFIYYA (2023). Effects of Feng Shui Birth Unit on Mother and Baby Health. 7th International 6th National Midwifery Congress. (Abstract/Oral Presentation) (Publication No: 8959911).
- KAYA NURTEN, NURALIYEVA ZULFIYYA, ÖZDEMIR TUBA, KAYALAROĞLU NERGIS, KARAMIK HACI Elif (2015). Learning Styles of Midwifery Students According to Some Variables. 2nd International 6th National Midwifery Students Congress. (Abstract/Oral Presentation) (Publication No: 8405902)

### **C.** Authored national/international books or chapters in books: C2. Chapters written in national/international books:

- Newborn Child Health for Midwives, Chapter name: (Enteral and Parenteral Nutrition of the Newborn) (2024)., DOLGUN GÜLÜMSER, NURALIYEVA ZULFIYYA, İstanbul Tıp Publisher Editor: Dolgun Gülümser, İnal Sevil, Bozkurt Gülçin, Erdim Leyle, Edition no:1, Pages 320, ISBN: E-ISBN: 978-605-7880-61-1 (2.C), Turkish (Scientific Book) (Publication No: 8405890)
- Basic Midwifery from A to Z, Chapter name: (Diagnosis of Risky Newborn) (2024)., NURALIYEVA ZULFIYYA, DOLGUN GULUMSER, Istanbul Tıp Publiser, Editor: Songül Aktaş, Yeşim Aksoy Derya, Eylem Toker, Edition no:1, Pages 2400, ISBN: Set ISBN: 978-625-6820-16-6; 2. Volume ISBN: 978-625-6820-18-0, Turkish (Scientific Book) (Publication No: 8405884).
- HEALTH & SCIENCE 2023: MIDWIVES-IV, Chapter name: (Midwife Practices in the Light of Feng Shui Philosophy) (2022)., NURALIYEVA ZULFIYYA, Efe Akademi Publishing, Editor: DINC AYTEN, Edition no:1, Pages 153, ISBN: ISBN: 978-625-6713-52-9; E-ISBN: 978-625-6713-51-2, Turkish (Scientific Book) (Publication No: 8959894)
- 4. Midwifery Philosophy, Chapter name: (Midwifery Philosophy) (2022)., KAYA NURTEN, NURALIYEVA ZULFIYYA, Akademi Publishing, Editor: KAYA Nurten, Edition no:1, Pages 350, ISBN:978-605-70825-3-4, Turkish (Scientific Book) (Publication No: 8405877).
- Midwifery Philosophy, Chapter name: (Midwifery Philosophy)., NURALIYEVA ZULFIYYA, Akademi Publishing, Editor: KAYA, Nurten, Edition no:1, Pages 350, ISBN:978-605-70825-3-4, Turkish (Scientific Book) (Publication No: 8405875)

### **D.** Articles published in national refereed journals:

- 1. YILDIZ KARAAHMET AYSU, TURAN AYŞENUR, NURALIYEVA ZULFIYYA (2023). The Effect of Psych- education on Fear of Childbirth and Postpartum Outcome: Systematic Review and Meta Analysis. Genel Tıp Dergisi, 33(4), 399-411., Doi: 10.54005/geneltip.1227723 (Control No: 8405769)
- 2. NURALIYEVA ZULFIYYA (2023). Bioenergy efficiency in labor pain. Halic University Journal of Health Sciences, 6, Doi: 10.48124/husagbilder.1294274 (Control No: 8405775)
- 3. NURALIYEVA ZULFIYYA, SOLMAZ EBRU, DOLGUN GÜLÜMSER, KARAMIK HACI Elif (2022). Determining the Relationship between the Age of the Children of Mothers Exposed to Covid-19 and their Fear and Concerns. Halic University Journal of Health Sciences, 5, Doi: 10.48124/husagbilder.1135650 (Control No: 8405850)
- 4. YILMAZ TÜLAY, NURALIYEVA ZULFIYYA, DİNÇ KAYA HÜSNİYE (2020). Ways for Young Women to Cope with Dysmenorrhea. Journal of Academic Research in Nursing, 6(2), Doi:10.5222/jaren.2020.48344 (Control No: 8401498)

### E. Papers presented at national scientific meetings and published in

- 1. NURALIYEVA ZULFIYYA (2014). Evaluation of Midwifery Department Students' Opinions on Birth Mode Preferences. 1st Aegean Midwifery and Birth Congress. (Abstract/Poster) (Publication No: 8406054)
- 2. NURALIYEVA ZULFIYYA, Jahangir Alirza (2014). To Whom and When Should Caesarean Section Be Performed? I.U. 4. Women's Birthdays. (Abstract/Poster) (Publication No: 8406067)
- NURALIYEVA ZULFIYYA (2015). Comparison of Postpartum Anxiety Levels of Pregnant Women Who Had Vaginal Birth and Cesarean Birth. Current Approaches in Midwifery Symposium. (Abstract/Poster) (Publication No: 8406007)

### **Non-academic Experience**

01.09.2022- 01.03.2023	Delivery Room Manager	ÖZEL ACADEMİC HOSPITAL, (TURKEY)
01.01.2020- 01.01.2022	Free Midwife	(TURKEY)
01.01.2018- 01.01.2020	Delivery Room Manager	ATLAS HOSPITAL, (TURKEY)
01.01.2017- 01.01.2018	Midwife	HİSAR HOSPITAL, (TURKEY)

# Certificate

574519	Advanced Bioenergy Therapy, Master Choa Kok Sui Advanced Bioenergy Therapy (49 hours), World Pranic Healing Foundation, Inc. Filipino, Certificate, 17.06.2021 (International)
574522	Advanced Feng Shui Consultant, Advanced Feng Shui Consultant (83 hours), Suzhong Consulting, Training Center, Chinese, Certificate, 12.06.2020 (International)
574527	Pregnant Trainer Training Course, Istanbul University, Pregnant Trainer Training Course, Istanbul University, Certificate, 08.02.2016 -09.05.2016 (National)

# Course

574523	Application Center, Spontaneous and Interventional Applied Birth Course, Application Center, Spontaneous And Interventional Practical Birth Course, SBU, Zeynep Kamil Gynecological and Pediatric Diseases EAH, Application Center, Course, 16.03.2019 (National)
574525	Reflexology Application Training in the Perinatal Period, Reflexology Application Training in the Perinatal Period, 3rd National Istanbul Midwifery Days Congress, Istanbul, Course, 25.04.2019 -27.04.2019 (National)
574524	Holistic Approach Courses in Pregnancy and Birth: Bioenergy and Breath, Holistic Approach Courses in Pregnancy and Birth: Bioenergy and Breath, Istanbul Medipol University Continuing Education Center, Istanbul, Course, 13.04.2019 -14.04.2019 (National)
574526	A Method for Coping with Low Back Pain at Birth: Intradermal Sterile Water Injection to the Lumbosacral Region (ISSE) Skill Course, A Method for Coping with Low Back Pain at Birth: Intradermal Sterile Water Injection to the Lumbosacral Region (ISSE) Skill Course, I.U. 7. Women's Birthdays, Istanbul, Course, 07.12.2017 - 10.12.2017 (National)