



Beyza Tanriögen

Work permit: Turkish | **Date of birth:** 27/11/1999 | **Place of birth:** Istanbul, Türkiye |

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Address: Istinye University Topkapi Campus, Maltepe, Teyyareci Sami Street
No:3, 34010 Zeytinburnu/Istanbul, 34010, Istanbul, Türkiye (Work)

WORK EXPERIENCE

01/08/2019 – 01/07/2021 Istanbul, Türkiye

COMPULSORY AND VOLUNTARY TRAINEESHIP BEZMIALEM VAKIF UNIVERSITY FACULTY OF MEDICINE HOSPITALS

Sports Health and Rehabilitation

General Physiotherapy and Rehabilitation

Orthopedic Physiotherapy and Rehabilitation

Pulmonary Physiotherapy and Rehabilitation

Pediatric Physiotherapy and Rehabilitation

Cardiac Physiotherapy and Rehabilitation

Neurologic Physiotherapy and Rehabilitation

Hand Physiotherapy and Rehabilitation

01/04/2022 – 01/03/2023 Istanbul, Türkiye

UNIVERSITY RESEARCH ASSISTANT ISTANBUL ESENYURT UNIVERSITY, FACULTY OF HEALTH SCIENCES, PHYSIOTHERAPY AND REHABILITATION

01/03/2023 – CURRENT Istanbul, Türkiye

UNIVERSITY RESEARCH ASSISTANT ISTINYE UNIVERSITY, FACULTY OF HEALTH SCIENCES, PHYSIOTHERAPY AND REHABILITATION (ENGLISH)

01/09/2021 – 01/11/2021 Kaunas, Lithuania

INTERNATIONAL ERASMUS TRAINEESHIP KAUNO KOLEGIJA UNIVERSITY OF APPLIED SCIENCES, FACULTY OF MEDICINE, KAUNO LIGONINE

EDUCATION AND TRAINING

09/2017 – 07/2021 Istanbul, Türkiye

BACHELOR DEGREE Bezmialem Vakıf University, Faculty of Health Sciences, Physiotherapy and Rehabilitation Department

Website <https://bezmialem.edu.tr/tr/Sayfalar/anasayfa.aspx>

01/2022 – 02/2025 Istanbul, Türkiye

MASTER DEGREE Istanbul University-Cerrahpaşa, Graduate Education Institute, Physiotherapy and Rehabilitation Dp.

Website <https://www.iuc.edu.tr/tr/content/universitemiz/arastirma-universitesi>

02/2025 – CURRENT Istanbul, Türkiye

PHD Istinye University, Graduate Education Institute, Department of Physiotherapy and Rehabilitation

Website <https://www.istinye.edu.tr/>

● LANGUAGE SKILLS

Mother tongue(s): **TURKISH**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● PUBLICATIONS

2022

Üniversite Sınavına Girecek Öğrencilerde Fiziksel Aktivite Ve Stres Seviyeleri Arasındaki İlişkinin İncelenmesi

National Abstract

S. İ. SANCAKTAR, B. TANRIÖĞEN & S. ÖZDEMİR GÖRGÜ, Poster Sunumu, 18. Fizyoterapide Gelişmeler Kongresi, 08 Eylül 2022, 11 Eylül 2022, 33, 3, 101 - 102.

2023

Halluks valguslu bireylerde dinamik ve rijit bantlamanın plantar basınç dağılımı üzerine etkisi

National Abstract

B. TANRIÖĞEN, H. KARABULUT & B. VARHAN, Sözlü Sunum, 9. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, 26 Ekim 2023, 28 Ekim 2023, 34, 3, 79 80.

2023

Fonksiyonel ayak bileği instabilitesi olan bireylerde rijit bantlamanın, propriosepsiyon ve günlük yaşam aktiviteleri üzerine etkisinin incelenmesi

National Abstract

H. KARABULUT, B. TANRIÖĞEN & B. VARHAN, Sözlü Sunum, 9. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi, 26 Ekim 2023, 28 Ekim 2023, 34, 3, 83 - 83.

2024

Comparison of lumbar region tone and stiffness values in different positions in patients with non specific low back pain

International Abstract

B. TANRIÖĞEN & Y. AKBABA, Oral Presentation, 3rd International Istanbul Health Sciences Congress, December 13, 2024 - December 14, 2024.

2025

Investigation Of Respiratory Function, Respiratory Muscle Strength, Endurance And Postural Control In Individuals With Non-Specific Chronic Neck Pain And Different Severity Of Disabilities

International Abstract

B. Tanriogen, Ö. Yıldız, M. Gül, Z. Erdemir, A. S. Yılmaz & Y. Buran, Poster Presentation, Pain in Europe the 14th Congress of the European Pain Federation EFIC, April 24, 2025 - April 26, 2025.

● BOOK CHAPTERS

12/2024 - CURRENT

CARDIAC REHABILITATION IN SPECIFIC CONDITIONS-Pacemaker Implantation and Implantable Cardioverter Defibrillator

MSc, PT Beyza TANRIOGEN

Istinye University, Faculty of Health Sciences, Department of Physiotherapy and Rehabilitation, Istanbul

Professor Dr, PT Hulya ARIKAN

Atılım University, Faculty of Health Sciences, Department of Physiotherapy and Rehabilitation, Ankara

In press

● **PROJECTS**

2024 - CURRENT

Kronik Obstrüktif Akciğer Hastalarında Sanal Gerçeklik Destekli İkili Görev Eğitiminin Serebral, Periferik Ve Solunum Kas Oksijenizasyonu Üzerindeki Etkisinin Araştırılması

TÜSEB B Group R&D Project Call-Scholarship

09/2023 - 12/2024

Non -Spesifik Kronik Boyun Ağrılı Farklı Özür Şiddetine Sahip Bireylerde Solunum Kas Kuvvet, Endurans ve Postüral Kontrolünün Araştırılması

TÜBİTAK 2209-University Students Research Projects Support Program, Project Advisor

2024 - CURRENT

TÜBİTAK 2224-Yurt Dışı Bilimsel Etkinliklere Katılma Desteği Programı

BİDEB Financial Support

● **NETWORKS AND MEMBERSHIPS**

12/2022 - 12/2022 Escola Superior de Saúde de Santa Maria, Porto, Portugal

Erasmus Staff Mobility

Erasmus Staff Mobility of Training

Participation in a Workshop on Healthy Aging - with the participation of the Department of Gerontology, Franciscan Missionaries of Our Lady University, Louisiana, USA

04/2024 - 05/2024 Escola Superior de Saúde de Santa Maria, Porto, Portugal

Erasmus Staff Mobility

Erasmus Staff Mobility of Training

University tour

Meeting colleagues

Seminar for undergraduate students

Signing a bilateral agreement between universities

● **CONFERENCES AND SEMINARS**

08/03/2018 Bilgi Üniversitesi, İstanbul

1. Uluslararası Fizyoterapide Ağrı Sempozyumu 2018

Participant

19/04/2018 Bezmialem Vakıf Üniversitesi, İstanbul

1. Fizyoterapi ve Rehabilitasyon Öğrenci Kongresi 2018

Participant, Staff

26/04/2019 Bezmialem Vakıf Üniversitesi, İstanbul

2. Fizyoterapi ve Rehabilitasyon Öğrenci Kongresi 2019

Participant, Staff

28/02/2020

VIII. Dünya Nadir Hastalıklar Günü Sempozyumu 2020

Participant

26/09/2020

İnme Rehabilitasyonu-Fizyoterapi ve Rehabilitasyon Zirvesi

Participant

02/11/2020

Üriner İnkontinansta Fizyoterapi ve Rehabilitasyon

Participant

06/11/2020

Fizyoterapide Pilates

Participant

09/11/2020

Rehabilitasyon Teknolojileri

Participant

13/11/2020

Fizyoterapide Yoga

Participant

09/06/2023 – 10/06/2023 Istanbul

2nd International Istanbul Health Sciences Congress

Participant, Staff

23/09/2023 – 24/09/2023 Istanbul

4th International Scoliosis Symposium- ScoSym 2023

Participant, Staff

Workshop Translator

26/10/2023 – 28/10/2023 Denizli

9. Ulusal Fizyoterapi ve Rehabilitasyon Kongresi 2023

Participant

18/04/2024 – 19/04/2024 Istanbul

International Congress of Osteopathy and Manual Therapy 2024

Participant, Staff

25/05/2024 Istanbul

II. Ulusal Fizyoterapide Manuel Yaklaşımlar Sempozyumu 2024

Participant

13/12/2024 – 14/12/2024 Istanbul

3rd International Istanbul Health Sciences Congress 2024

Member of the Organizing Committee

06/02/2025 Biruni Üniversitesi, Istanbul

II. Afetlerde Fizyoterapi ve Rehabilitasyon Sempozyumu

Participant

● ASSOCIATION AND COMMUNITY MEMBERSHIPS

2023 – CURRENT

Türkiye Fizyoterapistler Derneği

Member

● **DIGITAL SKILLS**

Microsoft Office package: Microsoft Word, Excel, PowerPoint, Access

● **COURSES**

25/04/2018

Biyokimya Laboratuvarında Preanalitik Süreç Uygulamalı Kursu

Certificated

20/12/2018

Ortezeleme Kursu 1- Fleksör Tendon Yaralanmaları

Certificated

2023

Lyon Method for Scoliosis Course by Jean Claude de Mauroy

Certificated

2023

ÖĞREM-Eğitcinin Eğitimi Sertifikasyonu

Completed

24/09/2023

Scoliosis Exercises According to the Fits Method Workshop by Andrej M'Hango

Translator

Completed

2024

Strain-Counterstrain Method by Michael Puyleart

Completed