



Hamed Abdollahpour Ranjbar

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📍 Home: Koç University, Istanbul (Türkiye)

EDUCATION AND TRAINING

Assistant Professor of Clinical Psychology

Istinye University [01/11/2024 – Current]

City: İstanbul | Country: Türkiye | Website: <https://itbf.istinye.edu.tr/en/akademik-kadro/fef>

Post Doctoral Fellow

Koç University [21/09/2024 – Current]

City: İstanbul

Ph.D. in Clinical Psychological Science

Koç University [07/10/2020 – 20/09/2024]

City: İstanbul | Country: Türkiye | Field(s) of study: Clinical Psychology | Thesis: Transdiagnostic Factors in Depression and Anxiety

Master of science in clinical psychology

Tehran University of Teacher Training (Kharazmi) [01/06/2015 – 01/12/2018]

City: Tehran | Country: Iran | Field(s) of study: clinical Psychology | Thesis: Cognitive emotion regulation strategies and cognitive control in depressed individuals with suicidal thoughts, with and without prior suicide attempt

Bachelor Of Science in Clinical psychology

Tabriz University [01/07/2011 – 01/07/2015]

City: Tabriz | Country: Iran | Field(s) of study: Clinical Psychology | Thesis: An Analysis of Executive Functions Among Depressed and Non-Depressed Female University Students

PUBLICATIONS

[2020]
[Persian adaptation of avoidance and fusion questionnaire for youth \(AFQ-Y\): A preliminary examination of its psychometric properties.](#)
Journal of Contextual Behavioral Science

Hekmati, I., Abdollahpour Ranjbar, H., & HajiSaghati, R. (2020).

[2021]
[Investigating cognitive control and cognitive emotion regulation in Iranian depressed women with suicidal ideation or suicide attempts](#)
Journal of Suicide and Life-Threatening Behavior

Abdollahpour Ranjbar, H. , Parhoon, H., Mohammadkhani, K., Moradi, A., & Jobson, L. (2021).

[2022]

[Escitalopram and progressive muscle relaxation training are both effective for the treatment of hot flashes in patients with breast cancer: A randomized controlled trial.](#)

Journal of Psychosomatic Obstetrics & Gynecology

Shirzadi, M., Farshchian, N., Nazarpour, A., Eskandari, S., Kahrari, F., Abdollahpour Ranjbar, H.

[2023]

[Deviation from balanced time perspective and psychological distress: The mediating roles of cognitive fusion and experiential avoidance](#)

Journal of Current Psychology

Abdollahpour Ranjbar, H.*, Abdulcebbar, A., Yilmaz, E., Kantarci, L., Altintas, (2022).

[2023]

[The moderating role of experiential avoidance on the relationship between cognitive fusion and psychological distress among Iranian students.](#)

Journal of Current Psychology

Hekmati, I., Abdollahpour Ranjbar, H., Eskin, M., Drake, C. E., & Jobson, L. (2023)

[2023]

[Examining the psychometric properties of the behavioral emotion regulation questionnaire-Persian version \(BERQ-PV\) among Iranians](#)

Journal of Current Psychology

Abdollahpour Ranjbar, H. *, Hekmati, I., Eskin, M., & Jobson, L. (2023).

[2023]

[Emotional Dysregulation and Craving in Patients with Substance Use Disorder: The Mediating Role of Psychological Distress. International Journal of Mental Health and Addiction](#)

International Journal of Mental Health and Addiction

Darharaj, M., Hekmati, I., Mohammad Ghezel Ayagh,..., & Abdollahpour Ranjbar, H.* (2023).

[2023]

[Pathways from childhood trauma to suicidal ideation: Mediating through difficulties in emotion regulation and depressive symptoms.](#)

Journal of BMC Psychiatry

Abdollahpour Ranjbar, H*, Laghaei, M., Mehrabizadeh Honarmand, M., Jobson, L., ... (2023).

[2023]

[Interoceptive Awareness in a Norwegian Population: Psychometric Properties of the Multidimensional Assessment of Interoceptive Awareness \(MAIA\) 2](#)

Journal of BMC Psychiatry

Fiskum, C., Eik-Nes, T. T., Abdollahpour Ranjbar, H., Andersen, J., & Habibi Asgarabad, M.

[2023]

Exploring Time Perspective Deviations in Patients with MDD, OCD, and GAD: A comparative study in the clinical context

Iranian Journal of Psychiatry

Golezani, H. R., Bakhshipour, A., Haghighi, M., Hekmati, I., & Abdollahpour Ranjbar, H.

[2023]

Body Appreciation Around the World Measurement Invariance of the Body Appreciation Scale-2 (BAS-2) Across 65 Nations, 40 Languages, Gender Identities, and Age

Journal of Body Image

V Swami, US Tran, S Stieger, T Aavik, HA Ranjbar

[2024]

Psychometric Properties and Measurement Invariance of the Multidimensional Psychological Flexibility Inventory- Persian (MPFI-P): An Extensive Investigation of Long and Short Versions in Community and Clinical Samples

Journal of Contextual Behavioral Science

Abdollahpour Ranjbar, H. *, Hekmati, I., , Ciarrochi, J., Laghaei, M., Golezeni, H. R., & Eskin, M.

[2024]

Effectiveness of Mindful Self-Compassion Therapy on Psychopathology Symptoms, Psychological Distress and Life Expectancy in Infertile Women Treated with In Vitro Fertilization: A Two-Arm Double-Blinded Parallel Randomized Controlled Trial

Journal of BMC Psychiatry

Sahraian, K., Abdollahpour Ranjbar, H*, Cheung, H. N., Ciarrochi, J., & Habibi Asgarabad, M. (2024)

[2024]

Life skill training in technical and vocational education training high schools in Iran: A multi-method qualitative approach based on entropy

Book Chapter in **Addressing Social Justice: A Positive Youth Development Approach**

M. Yadegarzadeh, G., Abdollahpour Ranjbar, H., kia Lashaki, M., Fatemi, A., Habibi Asgarabad

[2024]

An Examination of the Mediating Role of Maladaptive Emotion Regulation Strategies in the Complex Relationship Between Interpersonal Needs and Suicidal Behavior

Journal of Frontiers in Psychiatry

Abdollahpour Ranjbar, H*, Bakhshesh-Boroujeni, M., Hekmati, I., Habibi Asgarabad, M., & Eskin, M.

[2024]

The Reynolds Intellectual Assessment Scales: Measurement Invariance and Mean Comparison across United States and Iranian Children

Journal of Pediatric Neuropsychology

Tabiani Nian, L., Mahmoudi, H., Reynolds, C. R., Dalvand, S., & Abdollahpour Ranjbar, H.*(2024)

[2024]

The Experiences and Support Needs of Turkish Individuals Bereaved by Suicide: An Online Qualitative Investigation

Journal of Death Studies

Eskin, M., Karkin, A. N., Eilmaz, E., Sevin, G., Kantarci, L., Gulsen, Y., & Ranjbar, H. A. (2024)

[2024]

Employing Acceptance and Commitment Therapy as Individual Therapy for Couple Problem: A Case Study for women with Marital Strife

International Journal of Systemic Therapy

Hekmati, I., Abdollahpour Ranjbar, H., Mohammadpour Sadigh, L., & Eskin

[2024]

Understanding the Immediate and Longitudinal Effects of Deviation from Balanced Time Perspective and Emotion Reactivity on Symptoms of Depression and Anxiety: A Mediation Analysis and Latent Growth Curve Modeling

International Journal of Cognitive Therapy

Abdollahpour Ranjbar, H., Altan-Atalay, A., & Eskin, M.

[2024]

Exposure and Connectedness to Natural Environments: An Examination of the Measurement Invariance of the Nature Exposure Scale (NES) and Connectedness to Nature Scale (CNS) Across 65 Nations, 40 Languages, Gender Identities, and Age Groups

Journal of Environmental Psychology

V Swami, US Tran, S Stieger, T Aavik, HA Ranjbar

[2024]

Suicidal Behavior Among Turkish Physicians: Associations with Negative Life-Events, Psychological Distress, and Attitudes Towards Suicide

Journal of Psychiatric Research

Eskin, M., Sakarya, S., Okay, P., Karkin, A. N., Özgüven, Abdollahpour Ranjbar, H*

[2025]

Life satisfaction around the world: Measurement invariance of the Satisfaction With Life Scale (SWLS) across 65 nations, 40 languages, gender identities, and age groups

Journal of Plos One

V Swami, US Tran, S Stieger, T Aavik, HA Ranjbar

[2025]

Deviation from Balanced Time Perspective and Mediating Roles of Cognitive-Behavioral Emotion Regulation on Depression and Anxiety Symptoms: A Moderated-Mediation Cross-Cultural Model

Frontiers in Psychiatry

Abdollahpour Ranjbar, H., Altan-Atalay, A., Habibi Asgarabad, M., Turan, B., & Eskin, M.

[2025]

Political Conservatism and Social Distancing from People Living with HIV among Medical Students: Mediating Roles of Negative Stereotypes and Negative Intergroup Emotions

BMC Medical Education

Nemli, S. A., Abdollahpour Ranjbar, H., & Turan, B

[2025]

HIV-related microaggressions and depressive symptoms among people living with HIV: The mediating roles of internalized stigma and coping with shame

Journal of Sexually Transmitted Infections

Taşlıoğlu Sayiner, A. C., Turan, B., Nazlı, A., Özer, D., Abdollahpour Ranjbar, H., Nemli, S. A., Ghaffari, A. N., Mert Vahabi, M., Ayhan, N. M., Gokengin, D., & Norcini Pala, A.

[2025]

The Associations between Deviation from the Balanced Time Perspective and Depression and Anxiety: The Moderator Role of Mindfulness in a Two-Wave Study

***IN PRESS* in the Journal of Psychological reports**

[2025]

**Refugee Stigma and Its Toll on Mental Health: Development and Validation of the Refugee Stigma Scale (RSS)
In Press in the Journal of BMJ Global Health**

Hamed Abdollahpour Ranjbar, et., al

[2025]

The Burden of Dual Stigmas: Examining the Associations between Internalized HIV Stigma, Internalized Homophobia, and Depression Symptoms in Gay Men Living with HIV

Under review in the Journal of *Archives of Sexual Behavior*

[2025]

Development and Validation of the Microaggression Scale for Refugees (MSR): The Independent Contributions of Microaggression and Experienced Stigma to Psychological Distress

Under Review in The journal of Affective disorders

Hamed Abdollahpour Ranjbar et., al

[2025]

Who Wants to Be a Clinical Psychologist & Psychotherapist? Motivations, Personality Traits, and Mental Health Factors

Under Review in the European Journal of Psychology of Education

[2025]

**Attentional Control and Difficulties in Emotion Regulation Role in Depression and Anxiety Symptomology
In preparation**

[2025]

Effects of Adverse Childhood Experiences on Mental Health: Differential Roles of Psychological Flexibility and Inflexibility Towards Positive and Negative Mental Health Outcomes

In preparation

[2025]
Psychometric Properties and Measurement Invariance of the Sexual Excitation/Sexual Inhibition Inventory for Women-Persian (SESII-W-P)
Under Review in The Journal of Archives of Sexual Behavior

LANGUAGE SKILLS

Mother tongue(s): Azeri Turkish | Persian

Other language(s):

English

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

Turkish

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

НАВИЧКИ

Microsoft Office / SPSS / Macro Process / SEM Modeling / AMOS Software / R, R-instant, R-Studio / Statistical analysis (SPSS, Jamovi)

WORK EXPERIENCE

Clinical Psychologist (intern)

Tabriz University [03/08/2014 – 12/12/2014]

City: Tabriz | Country: Iran

-Three months of internship in Tabriz Razi asylum during Bachelor of Science in clinical psychology 2014.

Clinical psychologist

Tabriz University [02/05/2017 – 05/12/2017]

City: Tabriz | Country: Iran

-Six months of internship in Tabriz Razi asylum during Master of Science in clinical psychology 2017.

Clinical Researcher

Tabriz University [12/01/2018 – 01/06/2020]

-18 months of research on depressed, suicidal individuals containing data gathering, clinical interviews, assessment, diagnosis, neuropsychological testing

-Two years of research assistantship at Tabriz University from 2018 to 2020

Research and Teaching Assistant

Koc university [01/06/2020 – 20/09/2024]

City: Istanbul | Country: Türkiye

Instructor: Professor Mehmet Eskin
Teaching Assistant: Hamed A. Ranjbar

2. PSYC555-Spring 2021-01- Graduate School of Social and Health Sciences: SELECTED TOPICS IN PSYCHOLOGY-01- (Clinical Psychiatry and Pharmacology)

Instructors: Professor Vedat Şar; Dr. Hale Ypici Eser;
Teaching Assistant: Hamed A. Ranjbar

3. PSYC537-Fall 2021-01- Graduate School of Social and Health Sciences: APPROACHES TO PSYCHOTHERAPY-01

Instructor: Professor Mehmet Eskin
Teaching Assistant: Hamed A. Ranjbar

4. PSYC555-Spring 2022-01- Graduate School of Social and Health Sciences: SELECTED TOPICS IN PSYCHOLOGY-01- (Clinical Psychiatry and Pharmacology)

Instructors: Professor Vedat Şar; Dr. Hale Ypici Eser;
Teaching Assistant: Hamed A. Ranjbar

Research assistant at KU Mental Lab 2020__

Research assistant at Tam Mental Lab 2020__

Lab Manager of ISTAR lab 2022__

Lecturer

Koç university [01/01/2023 – 02/03/2024]

City: Istanbul | Country: Türkiye

1. PSYC372-Spring23-01-CSSH: CLINICAL PSYCHOLOGY-01

Instructor: Hamed Abdollahpour Ranjbar

Post Doctoral Associate

Koç university [20/09/2024 – Current]

City: İstanbul

CONFERENCES AND SEMINARS

[24/08/2022 – 27/08/2022]

19TH EUROPEAN SYMPOSIUM ON SUICIDE AND SUICIDAL BEHAVIOUR
Bereavement Experience in Turkish Suicide Survivors

RECOMMENDATIONS

Name: **Professor Mehmet Eskin** | PhD Supervisor

Working under his supervision for 5 years

Email: meskin@ku.edu.tr

Name: **Professor Bulent Turan** | Supervisor

Working under his supervision for 3 years

Email: bturan@ku.edu.tr

Name: **Associate Professor Ayse Altan Atalan** | Supervisor

conducting research with for 4 years
Email: ayse.altan@gmail.com

Name: **Associate Professor Mojtaba Habibi Asgarabad** | Master Adviser
Conducting research for 5 years
Email: Babakhabibius@yahoo.com

Name: **Professor Joseph Ciarrochi** | Professor and research fellow
Collaborating on Projects
Email: joseph.ciarrochi@acu.edu.au

Name: **Professor Laura Jobson** | Research Fellow
conducting research with for 5 years
Email: Laura.Jobson@monash.edu

Name: **Dr. Issa Hekmati** | Master Advisor
conducting research with for 5 years
Email: hekmati.issa@gmail.com

Name: **Dr. Chad Drake** | Research Fellow
conducting research with for 3 years
Email: chad.e.drake@gmail.com

HONOURS AND AWARDS

[01/03/2024] Elsevier Publications
Editorial Board Member of Journal of Contextual Behavioral Science (JCBS)

[03/03/2023] BMC Psychiatry
A peer-review member of Springer Nature

[03/03/2022]
Peer-review member of Journals
journal of psychopathology and behavioral assessment

Journal of Stress and Health

Journal of Current Psychology

Journal of Memory

Journal Emotion

Journal of Emotion and Cognition

[05/07/2024] Koç University, Graduate School of Social and Health Sciences
Ph.D. Excellence Academic Award
In recognition of Outstanding Academic Achievement.

This prestigious award is presented to the most accomplished student in the Department of Social and Health Sciences at Koç University. It recognizes outstanding academic performance, dedication to research, and significant contributions to the university community. The recipient of this award exemplifies excellence in their field, demonstrating a commitment to advancing knowledge and promoting well-being in society.

[05/06/2023] Koc University

Excellence Award for Teaching and Research Assistantship 2022-2023

This prestigious award is given in recognition of outstanding contributions in both teaching and research. It is awarded to individuals who have demonstrated exceptional commitment, skill, and dedication in their roles as teaching and research assistants. Recipients of this award have consistently gone above and beyond in their support of academic programs, contributing significantly to the learning experiences of students and the advancement of research within their department. The award acknowledges not only academic excellence but also the ability to inspire and mentor students, collaborate effectively with faculty, and contribute to the scholarly community.

[03/06/2015] Tabriz University

Brilliant Talent

Ranked 1st among clinical psychology bachelor students based on overall GPA (top student) (2011-2015)

[04/12/2018] Kharazmi University

Brilliant Talent

Ranked 1st among clinical psychology MSc students based on overall GPA (top student) (2015-2018)

[02/06/2011] Tabriz University

Full tuition waiver scholarship for bachelor studies

[06/05/2015] Kharazmi University

Full tuition waiver scholarship for master studies

[02/03/2020]

Fully funded Clinical Psychology Ph.D. position at Koç University

[03/03/2021] Scientific and Technological Research Council of Türkiye (TÜBİTAK)

Tubitak Scientific Publication Award

[05/06/2021] Scientific and Technological Research Council of Türkiye (TÜBİTAK)

Tubitak Scientific Publication Award

[02/07/2021] Scientific and Technological Research Council of Türkiye (TÜBİTAK)

Tubitak Scientific Publication Award

[04/10/2021] Scientific and Technological Research Council of Türkiye (TÜBİTAK)

Tubitak Scientific Publication Award

[04/05/2022] Scientific and Technological Research Council of Türkiye (TÜBİTAK)

Tubitak Scientific Publication Award

[03/04/2023] Scientific and Technological Research Council of Türkiye (TÜBİTAK)

Tubitak Scientific Publication Award

[05/05/2023] Scientific and Technological Research Council of Türkiye (TÜBİTAK)

Tubitak Scientific Publication Award

CLINICAL PRACTICE & TRAINING

[10/01/2024 – Current]

Supervision Training on Treating Psychiatric Disorders

Weekly Supervision Training Under the Supervision of Professor Azarakhsh Mokri

Contents:

Clinical Interviews and Clinical Case Analysis

Emphasis on Case formulation

Review of different psychiatric conditions

Intervention plans and psychotherapy framework

[05/07/2023 – Current]

ACT Immersion Courses

Acceptance and Commitment Therapy training through ACT immersion Courses Taught by Professor Steven Hayes

[04/2024]

Acceptance and Commitment Therapy With Dr Louise McHugh

A 6 Hour The Self in Acceptance and Commitment Therapy Workshop

[03/2024]

RFT for Clinical use With Dr Niklas Törneke

A 4-hour RFT for Clinical Use Workshop